



Lead by experienced skipper David Hosking MBE, the 6 man crew of Team Hallin shall depart Tenerife on the 24<sup>th</sup> of December 2010 on a monumental voyage of incredible emotional and physical endeavour. Intending to become the first rowing team to cross the 3000 mile Atlantic in under one calendar month, knocking an impressive three days off the current world record.

The rowers will work in two teams of three, rowing for two hours and then having two hours to eat, wash, carry out any maintenance needed and, if there is time, sleep before the whole routine starts again!

David Hosking (Skipper) – ‘The oars must never stop moving for the whole month if we are to break the world record!’

‘The team, which is made up of top level rowers in their own right, has been training very, very hard for more than six months for this opportunity because it is going to be really tough.

“We’re very grateful to the people of Tenerife and in particular the staff at San Miguel Marina, who have been incredibly helpful in preparations for our World Record crossing”

“All we require now is the wind to blow in the right direction so that we can commence the World Record attempt”

The Team Hallin boat is a revolutionary-designed trimaran, only the second ever built. The shape means it is light, stable and very fast through the water. The bad news is that the sleeping area for two people is the size of a small bath!

Team Hallin has chosen **Combat Stress** as its official charity and hope to raise thousands for the UK’s leading military charity specialising in the care of Veterans’ mental health.

#### **Editor’s Notes:**

The East to West Transatlantic Record is the ultimate prize in ocean rowing. The current record was set between the Canary Islands and Barbados. This course is 3,000 miles, or 2,600 nautical miles. Team Hallin’s aim is to follow the same course for its record run, which will take place once the trade winds and currents have stabilised between December 2010 and January 2011.

Combat Stress look after men and women who are suffering from a psychological condition related to their Service career. This might be depression, anxiety, a phobia or Post Traumatic Stress Disorder. Their services are free of charge to the Veteran.

Since 2005 the number of ex-Service men and women seeking the help of Combat Stress has risen by 72%. They have a current caseload of more than 4,400 individuals – including 102 Afghanistan and 400 Iraq veterans.

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